

**Revised Monthly Health Insurance Costs for Trainee Grants and Fellows
January - December 2021**

Based on FY21 NRSA Stipends & TRE

[FY21 NRSA Stipends](#)

BASED ON BCBS HM C-To-C 100/80 or UHC Choce Plus

Level	FY 2019 Stipend *	INDIVIDUAL	GRANT	POST DOC TRAINEE	EMPLOYEE & SPOUSE	GRANT	POST DOC TRAINEE	EMPLOYEE & CHILD(REN)	GRANT	POST DOC TRAINEE	EMPLOYEE / SPOUSE/ CHILD(REN)	GRANT	POST DOC TRAINEE	HEALTH INS EXPENSE OVER TRE BUDGET/MO		
		FULL COVERAGE	GRANT EXPENSE	TRAINEE COST	FULL COVERAGE	GRANT EXPENSE	TRAINEE COST	FULL COVERAGE	GRANT EXPENSE	TRAINEE COST	FULL COVERAGE	GRANT EXPENSE	TRAINEE COST	EMPLOYEE E/SPOUSE	EMPLOYEE /CHILD(REN)	EMPLOYEE /CHILD(REN)
0	\$ 53,760	\$ 699.00	\$ 594.15	\$ 104.85	\$ 1,597.89	\$ 1,284.06	\$ 313.83	\$ 1,362.81	\$ 1,095.15	\$ 267.66	\$ 1,924.83	\$ 1,546.79	\$ 378.04	\$ (296.56)	\$ (107.65)	\$ (559.29)
1	\$ 54,144	\$ 699.00	\$ 594.15	104.85	\$ 1,597.89	\$ 1,284.06	313.83	\$ 1,362.81	\$ 1,095.15	267.66	\$ 1,924.83	\$ 1,546.79	378.04	\$ (296.56)	(107.65)	(559.29)
2	\$ 54,540	\$ 699.00	\$ 594.15	104.85	\$ 1,597.89	\$ 1,284.06	313.83	\$ 1,362.81	\$ 1,095.15	267.66	\$ 1,924.83	\$ 1,546.79	378.04	\$ (296.56)	(107.65)	(559.29)
3	\$ 56,712	\$ 699.00	\$ 594.15	104.85	\$ 1,597.89	\$ 1,284.06	313.83	\$ 1,362.81	\$ 1,095.15	267.66	\$ 1,924.83	\$ 1,546.79	378.04	\$ (296.56)	(107.65)	(559.29)
4	\$ 58,608	\$ 699.00	\$ 576.67	122.33	\$ 1,597.89	\$ 1,225.58	372.31	\$ 1,362.81	\$ 1,045.28	317.53	\$ 1,924.83	\$ 1,476.34	448.49	\$ (238.08)	(57.78)	(488.84)
5	\$ 60,780	\$ 699.00	\$ 576.67	122.33	\$ 1,597.89	\$ 1,225.58	372.31	\$ 1,362.81	\$ 1,045.28	317.53	\$ 1,924.83	\$ 1,476.34	448.49	\$ (238.08)	(57.78)	(488.84)
6	\$ 63,036	\$ 699.00	\$ 559.20	139.80	\$ 1,597.89	\$ 1,167.10	430.79	\$ 1,362.81	\$ 995.40	367.41	\$ 1,924.83	\$ 1,405.90	518.93	\$ (179.60)	(7.90)	(418.40)
7 >	\$ 65,292	\$ 699.00	\$ 559.20	139.80	\$ 1,597.89	\$ 1,167.10	430.79	\$ 1,362.81	\$ 995.40	367.41	\$ 1,924.83	\$ 1,405.90	518.93	\$ (179.60)	(7.90)	(418.40)

* FY 2021 Stipend Levels for Postdoctoral Trainees and Fellows on Ruth L. Kirschstein National Research Service Awards (NRSA)

[FY21 NRSA Stipends and Allowance](#)

\$ 8,388.00	\$ 7,129.80	\$ 1,258.20	\$ 19,174.68	\$ 15,408.72	\$ 3,765.96	\$ 16,353.72	\$ 11,944.80	\$ 4,408.92	\$ 23,097.96	\$ 16,870.80	\$ 6,227.16	\$ (2,155.20)	\$ (94.80)	\$ (5,020.80)
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Institutional Training Grants

The TRE on Institutional training grants (T32, T35, T90, TL1) includes health insurance in the amounts as below:

Predoctoral Fellow \$ 4,200 \$1,450 HI per Bio Med Policy

Postdoctoral Fello \$ 11,850

Individual Fellowships

The Institutional Allowance for predoctoral and postdoctoral fellows (F30, F31, F32,F33) includes health insurance in the amounts shown below:

Predoctoral Fellow \$ 4,200

Postdoctoral Fello \$ 11,850

Trainee Costs based on Brown Faculty & Staff Medical Insurance Rates Plan Year 2021

[2021 Rate Sheet for Faculty and Staff](#)